

## Testimonials



ERIN M.



I have been working with FUEL for more than a decade to treat ongoing soft tissue issues. I appreciate that they work in multiple modalities, and strive to support the whole patient - not just body parts. The practitioners are also very friendly, welcoming and fun!

JEREMIAH B.



FUEL is top notch. I was nervous at first not knowing what to expect, but I had positive results after the first session. The practitioners know their craft and are professional. The FUEL Team cares about their patients and listen to details to help you get the relief you need.

**GET BACK TO LIVING A  
LIFE WITHOUT PAIN**

### Special Promotion

NEW PATIENTS **\$10** Off  
First Visit



**FUEL knows exactly how to target problem areas with the right techniques to ensure a better range of motion and reduce pain so I can feel my best.**

**Book your appointment today!**



### Contact Us

[www.fuelclinedmonton.com](http://www.fuelclinedmonton.com)

780-705-5452

@fuelclinedmonton



**FUEL Pain & Injury Recovery Clinic Ltd.**  
#104 - 10350 124 Street NW, Edmonton, AB T5N 3V9

## A personalized approach to health & healing

FUEL's interdisciplinary team works together to find the source of your pain and creates a custom plan for your healing journey.



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## Did you know?

FUEL stands for Function Uniting Energy & Life. This means we use a holistic approach to your health.

Our goal is to target the root causes of your pain and injury and help restore your body's optimal function and balance.

## FUEL's Pathway to Recovery

### Addressing Your Pain and Injury Concerns

A compassionate approach to assessing and diagnosing your individual health concerns.

### Personalized Treatment Plan

The practitioner and patient work together to set measurable and achievable goals at each stage of your recovery journey.

### Interdisciplinary Team Model

Our team works together to implement the right strategies, tools and techniques to optimize your treatment results.

### Maintenance Protocols

Our goal is to guide you through your recovery treatments and build a maintenance program to keep you feeling your best.

### Continued Care and Support

The FUEL Team is committed to you throughout your continued care to help you thrive and live your life with confidence.

## About Us

FUEL combines hands-on therapies like manual osteopathy, massage therapy, and physiotherapy with advanced techniques such as radial shockwave therapy, low level laser, red light therapy and rehabilitative exercise programs.

We work as a team to relieve your pain, restore mobility, and rebuild strength—whether you're recovering from an injury, managing chronic pain, or working toward long-term wellness.

Our team works with you to create a recovery plan that fits your needs, so you can move your body and live your life with confidence.

## Our Services

### ✓ MANUAL OSTEOPATHY

Balances systems in the body by treating the visceral organ system, the myofascial system and soft tissue, bone and joint structures and restores optimal function of the central nervous system.

### ✓ MASSAGE THERAPY

Alleviates soft tissue tension, muscle and fascial adhesion, increases circulation and lymphatic flow and restores flexibility and range of motion to the body.

### ✓ PHYSIOTHERAPY

Diagnoses and addresses pain and injury using a variety of techniques and tools to enhance mobility, function and overall well-being.

### ✓ PSYCHOLOGY

Understands how thoughts, feelings, emotions, trauma and behaviours influence the way we live in the world. Supports overall wellness and mental health.



## Conditions Treated

FUEL serves the community by treating:

- carpal tunnel
  - concussion management
  - disc injuries
  - foot and ankle injuries
  - frozen shoulder
  - headaches
  - incontinence
  - mental health
  - migraines
  - motor vehicle injuries
  - nerve impingement
  - pediatric rehabilitation
  - pelvic health
  - planter fasciitis
  - postural dysfunction
  - sciatica
  - sport injuries
  - thoracic outlet syndrome
  - vertigo vestibular
  - whiplash injuries
- and more...

## Treatments Available

- Postural Corrective Myofascial Release
- Joint Mobilization
- Radial Shockwave Therapy
- Low Level Laser Therapy
- Intramuscular stimulation (IMS) / Dry Needling
- TENS / Ultrasound
- Pelvic Health
- Vestibular Conditions / Vertigo
- Myofascial Cupping
- Ergonomic Assessments
- Live Blood Cell Analysis
- Nutrition Consultation
- Rehabilitative Exercise Programming
- Personal Training